

News briefly

**Team success for Harrow Shotokan**

HARROW SHOTOKAN KARATE CLUB won the team event at the International Traditional Karate Association GB Open championships in Liverpool. Nicholas Jones, second dan black belt, came second in the individual forms category. Anas Jarbou, third dan black belt, finished third in the same event. The club's chief instructor Shyam Raithatha came third in the individual kata in the veterans and senior grade section.

**Harrow escape with Old Actonians draw**

HERTS MIDDLESEX ONE leaders Harrow RFC battled to a 19-19 draw at Old Actonians at the weekend. A try from Lee Huggett gave the visitors an early lead before Old Actonians replied to trail 10-6 at the break. The hosts scored a try in the second half before both sides exchanged penalties as the points were shared.

**Wealdstone crush Northwood Ladies**

WEALDSTONE LADIES were on fire as they thrashed Northwood Reserves 13-0. Natalie Osman netted five goals in the one-sided victory. Nicola Dixon maintained her rich vein of form with another hat-trick for the Stones. Danielle Forde grabbed a brace alongside one from Olivia Ford and Stevie Wickes and an own goal.

## Wealdstone pegged back after Leiston grab point

WEALDSTONE conceded a late equaliser in their 1-1 draw at in-form Leiston on Tuesday night.

The Stones, who are second in the Ryman Premier table, looked on course to take the three points after Tom Pett's opener but a goal from Emmanuel Osei salvaged a draw for the hosts.

The contest was played in difficult conditions as high winds made flowing football hard to come by.

Gordon Bartlett's side had a let off after ten minutes when goalkeeper Rikki Banks was unable to collect the ball and it was cleared off the line.

After coming under pressure, the Stones broke away and grabbed the lead in the 28th minute. Chris Moore found Peter Dean in space and he set up Pett who finished neatly with a low strike past Dan Heath.

Leiston almost equalised before the break but Banks pulled off a superb save to preserve the visitors' lead.

Wealdstone had a decent opportunity to extend their advantage in the second half but Dean blasted his shot over the bar.

The equaliser arrived 12 minutes from time when a poor backpass exposed Banks and Osei took full advantage by firing in a deserved goal for Leiston.

Wealdstone still had chances to get a late winner but failed to find the net despite efforts from Chris O'Leary, Pett and Leon Smith.

The Stones eased to a 3-0 home win over Hastings United at the weekend as they kept the pressure on leaders Whitehawk.

Wealdstone's opener came after half an hour when Sean Cronin converted a penalty after Pett was brought down in the area.

The home side made it 2-0 after 58 minutes when Alex Dyer picked out Dean in the middle and he fired the ball into the net.

Wealdstone sealed the win ten minutes later when a long ball from Cronin found Dean and he calmly lofted it over the keeper for their third goal.

The Stones are at home to Lowestoft Town this weekend in the league.



Lee Chappell attacks during the Stones' draw at Leiston on Tuesday night. Picture: STEVE FOSTER/WEALDSTONE FC

## Borough's drop fears increase

HARROW BOROUGH's hopes of avoiding relegation suffered another blow after a 3-2 home defeat to Metropolitan Police on Tuesday night.

Their latest setback left the Reds with just one win from their last 17 games.

The match started promisingly enough though as Boro took the lead after 26 minutes. The hosts won a free-kick and Garry Jones laid the ball off to Frankie Merrifield who struck a 25-yard effort into the roof of the net.

Met Police nearly equalised straight away but Billy Crook's effort rebounded off the post.

The visitors grabbed a soft equaliser in the 58th minute when Ty Smith's free-kick went straight through the hands of keeper Ross Fitzsimons.

Boro regained the lead after 71 minutes when the ball fell to Danny Leech eight yards out and he blasted it home.

The equaliser came 11 minutes from time when substitute David Knight ran clear and netted.

Met Police then punished Boro as they grabbed the winner three minutes from time. Craig Watkins fired the ball home to seal another deflating result for the Reds.

Boro were also well beaten at the weekend as they lost 3-0 at Canvey Island.

Dave Anderson's side held their own in the first 45 minutes but three second-half goals sent them to defeat.

The Reds, who are third bottom of the Ryman Premier, visit East Thurrock United on Saturday afternoon.

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